



TEAMPLAYER SUMMER **TUNE UP!**

Monday, July 31, 2006

Women, sign up for an evening of hockey!

Time: 9:45pm Cost: \$17.50
Place: Ice Sports North Shore -red rink
First come, first serve - space is limited.
Three Female Hockey Instructors and
a Goalie Coach.



Format:

Skills and Drillz!

- shooting
- stick handling
- forward and defensive drills
- team strategies
- if we can fit it in
SCRIMMAGE!

Mail your cheque and the portion below to :



TEAMPLAYER
P.O. Box 106
Harrison Hot Springs,
BC, V0M 1K0

TEAMPLAYER

Name

Address

Phone

Email

Position

Make cheque payable to **Okwari Essentials**

Signature _____

All participating players acknowledge that there is a risk of being injured when playing the game of hockey.